

<b>PUVA schema voor psoriasis (J/cm<sup>2</sup>) Deutsche Dermatologie Gesellschaft</b>						
Huidtype:	I	II	III	IV	V	VI
Start:	0.3	0.5	0.8	1.0	1.0	1.0
Ophogen:	20%	20%	20%	20%	20%	20%
1	0.3	0.5	0.8	1.0	1.0	1.0
2	0.4	0.6	1.0	1.2	1.2	1.2
3	0.4	0.7	1.2	1.4	1.4	1.4
4	0.5	0.9	1.4	1.7	1.7	1.7
5	0.6	1.0	1.7	2.1	2.1	2.1
6	0.7	1.2	2.0	2.5	2.5	2.5
7	0.9	1.5	2.4	3.0	3.0	3.0
8	1.1	1.8	2.9	3.6	3.6	3.6
9	1.3	2.1	3.4	4.3	4.3	4.3
10	1.5	2.6	4.1	5.2	5.2	5.2
11	1.9	3.1	5.0	6.2	6.2	6.2
12	2.2	3.7	5.9	7.4	7.4	7.4
13	2.7	4.5	7.1	8.9	8.9	8.9
14	3.2	5.3	8.6	10.7	10.7	10.7
15	3.9	6.4	10.3	12.0	12.0	12.0
16	4.6	7.7	12.0	12.0	12.0	12.0
17	5.5	9.2	12.0	12.0	12.0	12.0
18	6.7	11.1	12.0	12.0	12.0	12.0
19	8.0	12.0	12.0	12.0	12.0	12.0
20	9.6	12.0	12.0	12.0	12.0	12.0
21	10.0	12.0	12.0	12.0	12.0	12.0

Bron:

Herzinger T, Berneburg M, Ghoreschi K, Gollnick H, Hölzle E, Hönigsmann H, Lehmann P, Peters T, Röcken M, Scharffetter-Kochanek K, Schwarz T, Simon J, Tanew A, Weichenthal M. S1-Leitlinie zur UV-Phototherapie und Photochemotherapie. J Dtsch Dermatol Ges 2016;14(8):e1-e25.