

| <b>Huidtype-onafhankelijk UVB-schema voor vitiligo (Joule/cm<sup>2</sup>)</b> |                 |           |                 |           |
|---|-----------------|-----------|-----------------|-----------|
| Startdosis 0.21 Joule/cm <sup>2</sup>   |                 |           |                 |           |
| Stap:   | <b>Schema A</b> | Verhogen: | <b>Schema B</b> | Verhogen: |
| 1   | 0.21            | 20%       | 0.24            | 15%       |
| 2   | 0.25            | 20%       | 0.28            | 15%       |
| 3   | 0.30            | 20%       | 0.32            | 15%       |
| 4   | 0.36            | 20%       | 0.37            | 15%       |
| 5   | 0.43            | 20%       | 0.42            | 15%       |
| 6   | 0.52            | 20%       | 0.49            | 15%       |
| 7   | 0.62            | 20%       | 0.56            | 15%       |
| 8   | 0.74            | 20%       | 0.64            | 15%       |
| 9   | 0.89            | 20%       | 0.74            | 15%       |
| 10  | 1.06            | 20%       | 0.85            | 15%       |
| 11  | 1.22            | 15%       | 0.98            | 15%       |
| 12  | 1.40            | 15%       | 1.12            | 15%       |
| 13  | 1.61            | 15%       | 1.29            | 15%       |
| 14  | 1.85            | 15%       | 1.49            | 15%       |
| 15  | 2.13            | 15%       | 1.71            | 15%       |
| 16  | 2.45            | 15%       | 1.97            | 15%       |
| 17  | 2.82            | 15%       | 2.26            | 15%       |
| 18  | 3.24            | 15%       | 2.60            | 15%       |
| 19  | 3.72            | 15%       | 2.99            | 15%       |
| 20  | 4.09            | 10%       | 3.00            |           |
| 21  | 4.50            | 10%       |                 |           |
| 22  | 5.00            |           |                 |           |
| 23  | 5.00            |           |                 |           |
| 24  | 5.00            |           |                 |           |
| 25  | 5.00            |           |                 |           |

Schema A: handleiding van Erbe behorende bij UVB TL-01 lichtcabines (2010).

Schema B: handleiding van Waldmann behorende bij UVB TL01-lichtcabines (2018).