

Europees UVB TL-01 schema voor psoriasis (EADV) (J/cm²)						
Huidtype:	I	II	III	IV	V	VI
Start:	0.20	0.30	0.50	0.60	0.60	0.60
Ophogen:	20%	20%	20%	30%	30%	30%
1	0.20	0.30	0.50	0.60	0.60	0.60
2	0.24	0.36	0.60	0.78	0.78	0.78
3	0.29	0.43	0.72	1.01	1.01	1.01
4	0.35	0.52	0.86	1.32	1.32	1.32
5	0.41	0.62	1.04	1.71	1.71	1.71
6	0.50	0.75	1.24	2.23	2.23	2.23
7	0.60	0.90	1.49	2.90	2.90	2.90
8	0.72	1.07	1.79	3.00	3.00	3.00
9	0.86	1.29	2.15	3.00	3.00	3.00
10	1.03	1.55	2.58	3.00	3.00	3.00
11	1.24	1.86	3.00	3.00	3.00	3.00
12	1.49	2.00	3.00	3.00	3.00	3.00
13	1.78	2.00	3.00	3.00	3.00	3.00
14	2.00	2.00	3.00	3.00	3.00	3.00
15	2.00	2.00	3.00	3.00	3.00	3.00
16	2.00	2.00	3.00	3.00	3.00	3.00
17	2.00	2.00	3.00	3.00	3.00	3.00
18	2.00	2.00	3.00	3.00	3.00	3.00
19	2.00	2.00	3.00	3.00	3.00	3.00
20	2.00	2.00	3.00	3.00	3.00	3.00

Bron:

Pathirana D, Ormerod AD, Saiag P, Smith C, Spuls PI, Nast A, Barker J, Bos JD, Burmester GR, Chimenti S, Dubertret L, Eberlein B, Erdmann R, Ferguson J, Girolomoni G, Gisondi P, Giunta A, Griffiths C, Hönigsmann H, Hussain M, Jobling R, Karvonen SL, Kemeny L, Kopp I, Leonardi C, Maccarone M, Menter A, Mrowietz U, Naldi L, Nijsten T, Ortonne JP, Orzechowski HD, Rantanen T, Reich K, Reytan N, Richards H, Thio HB, van de Kerkhof P, Rzany B. European S3-guidelines on the systemic treatment of psoriasis vulgaris. *J Eur Acad Dermatol Venereol* 2009;23 Suppl 2:1-70.